

# THE MORCHARD MESSENGER

#### THE INDEPENDENT VILLAGE NEWSLETTER

www.morchardbishop-pc.org.uk/morchard-messenger/

No.361 JULY 2025

SPONSORED THIS MONTH BY THE PLAYING FIELDS ASSOCIATION

# Vintage Rally & Family Fun Day

# Saturday 2nd August at the Playing Field

Our annual event is fast approaching.

Before you continue reading, please take a moment to locate a book of pink raffle tickets, which should be slotted into the pages of your Messenger. These are for <u>advanced</u> ticket sales for our Grand Draw to be held during the Fun Day on August 2nd. <u>On-the-day</u> sale tickets are white in colour. Both sets of tickets are entered into the Grand Draw. If you've been along to the event in previous years, you will know there is always a vast array of prizes. Last year we had nearly 70 prizes, featuring hampers, wine and spirits, meals out, chocolates, family days out, and tickets to Exeter Chiefs!

We are presently working hard to gather a similar selection of prizes for this year, and of course we are extremely grateful to all the local businesses who show their support by donating prizes. On top of this wonderful array of goodies, MBPFA offers a cash prize of £100, and this year we have the additional bonus prize of £100, which is only available to those who have bought one of these pink advance tickets.

You can enter the Grand Draw by completing your details on the ticket stubs and dropping it off together with your payment to: Church Street Stores; The London Inn; Bob & Toni Robinson at Bay House, Chulmleigh Road (close to the doctor's surgery); or Debbie Ticehurst at Wisteria House, Fore Street (opposite the Methodist Chapel). If you would like extra pink advance tickets to share the luck amongst your family and friends, please ask at any of these 4 locations, or contact us via email or Facebook. If you're not interested in winning any of our wonderful prizes you can hand in any unwanted books of tickets to the 4 locations listed above, to go back into circulation for others to buy.

The event is our primary fundraiser. We are a registered charity and all the money raised goes to help maintain and improve our recreational provision for all in the parish. All our outside space is free to use on an informal basis — we have no membership or subscribers, no council support, and yet it costs a significant and increasing amount of money just for us to insure and try to maintain the facilities in their current condition, and ensure they remain available for future generations. We are extremely grateful for any support you can give to our fundraising activities, whether in money, time, labour or goods.

We should like to thank the small number of people who have already come forward to help our committee with the planning of this big event. However, for the event to go ahead, we need people to step forward and volunteer to assist with tasks on the day. Can you make a cup of tea or stand up for one hour?! You've got the job! Seriously, that's all that is needed in some cases, we need car parking stewards, gate staff, and people to make and serve refreshments. The rota is in 1-hour slots, so please consider if you can help for an hour. Any donations of delicious homemade cake [that we can cut up and serve in individual portions] would also be most welcome. Please contact us and let us know in advance.

See you on the field!

See poster for details, page 7.

**Bob Robinson** 

Chairman – Morchard Bishop Playing Field Association mbplayingfield@gmail.com

Facebook page: Morchard Bishop Playing Fields Association

# **JULY 2025 DIARY**

If you would like details of your event or meeting to appear in the **August** diary, then please let Pauline Chater know by **12<sup>th</sup> July** <u>cupaulinechater@gmail.com</u> or phone 01363 877096. You may also want to plan ahead and send in details for our future events section.

**St Mary's** All are welcome at our services

Sunday 6: 10.30 Morning Worship

Saturday 12: Janet Symons Memorial Service

Sunday 13: 10.30 Hold Communion – followed by refreshments

Sunday 20: 10.30 Morning Worship 18.00: Joint Bible Study at Emmanuel

Sunday 27: 10.30 Morning Worship

#### **Emmanuel**

All are welcome at our services. Morning Services start at 11.00 with coffee from 10.30. Joint Bible Study Group with St Mary's 18.00 on Sunday 20 Visit <a href="https://www.emmanuel-morchard-bishop.org">www.emmanuel-morchard-bishop.org</a> for detailed information about services, Sunday School for primary aged children, youth clubs and other events

BOOK SWAP: JULY 2 15.00 - 16.30 at The Memorial Hall.

PARISH WALK: JULY 26 11.00 starting from The Memorial Hall

### TUESDAY EVENING DUPLICATE BRIDGE AT MBSSC will start again in September

Tues	1/8/15/22/29	10.00 -11.30	Café Emmanuel	Emmanuel
	1/8/15/22	14.15 -18.45	Dove Dance Academy	Lessons in Memorial HalL
	1/8/15/22	19.30	Pool	MBSSC
Wed	2	15.00 -16.30	Library Swap	Memorial Hall
	2	17.30	Brownies	Memorial Hall
	2/9/16/23/30	19.30	Ladies' Darts Practice	MBSSC
Thur	3/10/17/24	09.30-10.30	Toddler Group – New Born to 4	Pre-school
	3	10.00 -15.00	Can't Sew. Won't Sew	Emmanuel – Shared Lunch
	3	12.00-15.00	Pennymoor Singaround	London Inn
	3/10/17/24	15.45-18.15	<b>Dove Dance Academy</b>	Lessons in Memorial Hall
	3/10/17/24	18.30- 19.30	<b>Basic to Intermediate Pilates</b>	Memorial Hall
	3/10/17/24/	19.30	Men's Darts Practice	MBSSC
	31		(Check details)	
Fri	4/11/18/25	13.30 -14.30	Visiting Post Office	London Inn
	4	17.30 – 19.00	Max and Mike's Street Food	War Memorial
	4/18	19.30	Friday Night Darts	MBSSC
Sat	5/12/19/26	19.30	MBSSC Bar Skittles, Darts, Pool	MBSSC

# Sponsored This Month by The Playing Fields Association

Mon	7/14/21	09.00 -10.00	Basic to Intermediate Pilates	Memorial Hall – Contact
IVIOII	7/14/21	09.00 -10.00	basic to intermediate Phates	
				ivegotyourback@gmail.com
	7/14/21/28	From 18.00	Roll up and play Bowls	Bowling Club – open to all
	7	19.30	Parish Council	Memorial Hall
Wed	9	14.30	W.I. Creating a Wildlife	Memorial Hall
			Garden - Dr Gavin Haig FRCS	
	9	19.30	Sustainable Morchard	Pod at London Inn
Fri	11	Time to be	Prime and Edge Youth Clubs	Arranged by Emmanuel at the
		confirmed	Barbecue	Playing Field
Sat	12	09.30 -11.30	Produce and Table Top Sale	Memorial Hall
Wed	16	12.30	Over Sixties Lunch	London Inn-Contact Mandy on
VVCa		12.30	Over sixtles Earlein	01363 877459 or
				mandytapp@talk21.com
Thur	17	19.30	Pennymoor Singaround – Folk	London Inn Skittle Alley
			Music and songs – free	jonshapley@hotmail.com
Sat	19	14.30	Emmanuel Chapel Fete –	Emmanuel
			Cream Teas, Bake and Craft	
			Sale & Children's activities	
Sun	20	11.00 – 14.00	School Fun Run – games,	School Playing Field
			tombola, food. Tickets from	
			FOMBS. Everybody welcome	
Fri	25	19.30	AGM Morchard Bishop	MB Playing Fields Pavilion
			Football Club	
Sat	26	11.00	Parish Walk	Starts at Memorial Hall
		13.00 -17.00	Craft Fair	Memorial Hall
	1			

# **Future Events**

Saturday 2 August Fun Day at the Playing Fields

Saturday 9 Plant and Produce Show

# **Memorial Hall**

# Pickleball is coming to the Memorial Hall.

Pickleball is fun, social and friendly!

The rules are simple and the game is easy for beginners to learn, but it can develop into a fast-paced, competitive game.

We have marked out a court and acquired the equipment. More details about how to book and play next month.

Also, new audio visual equipment has been installed. We intend to show new release films as well as being able to hold talks again.

More details about films next month.

# **NOTICEBOARD**

#### Bus service 369

#### **Outwards:**

Morchard Bishop (Greenaway): 7.20 (7.30 Sat), 9.50, 11.55, 13.55, 16.05

**Arrive: Crediton Train Station/ Redlands:** 7.59 (8.06 Sat), 10.27, 12.31, 14.31, 16.43 (16.41 Sat)

Exeter RD&E: 8.36, (8.39 Sat) 17.14

Exeter City Centre Sidwell St: 8.26, (8.29

Sat), 17.04

Sidwell St (stop 40): 10.52, 12.53 (12.55

Sat), 14.53

Return:

**Exeter RD&E: 17.15** 

Exeter City Centre Sidwell St: 8.50, 11.00, 13.00, 15.05, 17.35

Crediton Train Station/ Redlands: 9.12,

11.22, 13.21, 15.27, 18.02

Morchard Bishop (Greenaway): 9.46, 11.54, 13.52, 16.02, 18.36

# Morchard Bishop Memorial Hall

Available for birthday and celebration parties, family meetings/get togethers/wakes/wedding receptions.

Bookings - Contact Jo Eames jo eames@hotmail.com 01363 877407

General - Contact Anton Heal antonheal@yahoo.co.uk
07970 227753

Produce / table top booking – Contact Jo Trask jotrask@icloud.com 01363 877381 or Robert Moore 07455 896589

robert@lydcottnursery.co.uk

# MORCHARD BISHOP SPORTS & SOCIAL CLUB

Bar open to all members when the club is open Annual membership £2 per adult

# **JULY OPENING TIMES**

Mondays - all dates closed

**Tuesdays** – all dates open for pool practice from 7.30pm

**Wednesdays** – All dates Ladies darts practice from 7.30pm

**Thursdays** – All dates possibly open for men's dart practice, please enquire beforehand.

**Fridays** – 4<sup>th</sup> & 18<sup>th</sup> open for Friday night darts comp.

**Saturdays** – All dates open from 7.30pm

This is a rough guide which may be subject to change please contact morchardsportsandsocialclub@gmail.com for more information.

# **Church Street Stores**

# **Opening Hours:**

Sunday & Monday: 8.30am-12noon Tuesday- Friday: 8.30am-5pm Saturday: 8.30am-2pm

01363 877826

www.facebook.com/churchstreetstores

**Matthew & Clare** 

# Copy for Publication in THE MORCHARD MESSENGER

The deadline for articles, adverts and notices for the next issue is:

# 15th July 2025

The Editors retain the right to reject, edit, alter or correct articles which are sent in for publication.

The opinions expressed in articles and letters are those of the authors and do not necessarily reflect the views of the Editors. We do not publish anonymous letters.

Copy should be sent **by email** to morchardmessenger@gmail.com

Hard copy may also be delivered to Colin Crewdson at the address below.

#### **Postal Service.**

This newsletter can be posted to you monthly at a cost of £12 per annum.

Please contact:

Colin Crewdson
Wayside Cottage
Frost
Morchard Bishop EX17 6SF
Phone: 07926 625120

Associate Editor: Christine Faunch

# **ADVERTS**

Open the door to new business by advertising in the Morchard Messenger

Adverts up to 1/2 page are £5 a month

Adverts up to % page are £7 a month

Adverts up to ¼ page are £10 a month

Please send or email your draft to the editors (details above)

# **LETTERS - MESSAGES - ANNOUNCEMENTS**

### Orla's fundraiser for Crohn's & Colitis UK



My sister Orla and I were both born and brought up in lovely Morchard Bishop. A couple of years ago I unfortunately became unwell with Ulcerative colitis and was heavily supported by the charity Crohn's and Colitis UK.

To honour the support the charity gives me and my family, Orla is going to be doing a charity sky dive for Crohn's and Colitis UK.

We are aiming to raise £1000 for the charity and the village's support would be much appreciated!

Kindest regards,

**Emer Fosbrooke** 

https://www.justgiving.com/page/orla-fosbrooke-1747588770022?utm medium=FR&utm source=CL&utm ca mpaign=015 ustgiving.com

#### MORCHARD BISHOP

#### Flower & Produce Show



### Saturday 9th August, 2pm

#### MORCHARD BISHOP PLAYING FIELD

There will be a refreshment stall at The Pavillion Schedule and entry form in this issue Admission: Adults 50p, Children Free

### **Devon Air Ambulance**



A total of £1548.75 was raised for Devon Air Ambulance by Jonathan, Gavin & Oliver Down running the Plymouth Half Marathon on the  $11^{\rm th}$  May.

Thank you to all those locally who donated.

**Alan Down** 

# Morchard's Weather

#### It rained!

On the 12th June, we had 35mm in one morning - that's 1 and a third inches. At times, it fell at a rate of about half an inch per hour. And it was needed. So far by mid-June, we have already had double the rainfall of May. Crops have responded, the garden



water butts are full again and the weeds have woken up with a vengeance.

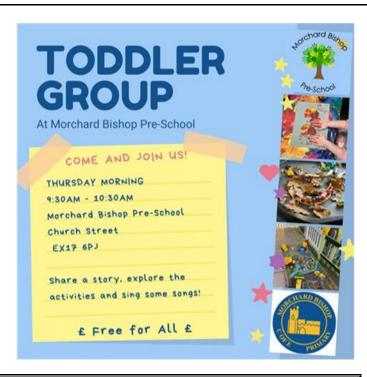
Early May gave us a mini heatwave, with temperatures around 25C (77F). By the end of May, we had days with a maximum temperature of only 15C (59F).

I am writing this on day 162 of the year and so far, we have had 73 rain days and 89 dry days. There have been 800 hours of sunshine in that period. So we are on the better side of the weather.

Did you know? The UK has over 100 words for rain. It is "henting" in Cornwall, a kelsher is a heavy shower, and in Shropshire - apparently - rain is known as blunk.

And then...on the evening of Friday, 13th June, rain was falling at a rate of 40mm (one and a half inches) per hour! Over 71 mm fell in total - that's over two and three quarter inches. We had more rain in the first half of June than the combined total for April and May.

**Stephen Leese** 





# A Handyman to "Mow"

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- Hip pain eg gluts pull, sciatica, groin strain.
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- Help with general mobility problems.
- Pilates and appropriate exercise programmes .

Contact details: mobile - 07597 160558

: home - 01363 877803.

: email - jomcdphysio@gmail.com : web site - jomcdougallphysio.com



# THE**DEVONSHIRE DUMPLING**

**Gary and Laura** welcome you to the The Devonshire Dumpling

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**Lunch specials** Wednesday to Saturday £9.95 (Add a dessert for an extra £3) Fish and chips - Vegan 3 bean chilli - Roast pork

> Evenings - food served 5.30 to 8 Weds, Friday and Saturday

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email: thedevonshiredumpling@gmail.com

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# Morchard Bishop FC - 2024 / 2025



Tony Radford, Steven Rice, Warren Patmore, Josh Doe, Samuel Rice, Adam Galliford, Ben Clement, Jack Webber, Thomas Bagwell, Andrew Spokes, Jacek Wozny, Ben Dommett
Callum Vanstone, Ellis Goodson, Adam Leat, Chris Andrews, Liam Tucker, Alan Woodcock, Aaron Screech, Adam Bell Jack Parkhouse, Billy Conabeare, Bradley Turner, Matt Madelin

# **Morchard Bishop Football Club – Division 4 Champions!**

The 2024/25 football season saw Morchard Bishop Football Club crowned Division 4 champions of the Devon and Exeter Football League.

We played 22 league games, won 22. We scored 105 goals – we ended up with 66 points.

What a great achievement – congratulations to you all, the players, the managers Jacek and Steven, coach Warren, Lee our linesman and finally our groundsman Charles – your commitment and enthusiasm this season on and off the pitch has been amazing.

We held our presentation night in May at The London Inn. It was a great night enjoyed by all: a huge thanks to Sarah, Emma and Carrie for a fantastic night.

Club awards were presented to the following:

Player of the Year
Players Player
Golden Boot
Chairmans Award
Supporters Player
Club Person
Adam Leat
Chris Andrews
Chris Andrews
Liam Tucker
Alan Woodcock

We at the Club would especially like to say a BIG thank you to all our sponsors, whose support for the club is greatly appreciated. If anyone is interested in placing an advertising board around the pitch, we still have room, although space is limited. Please get in touch – for full details contact Jacek on 07890605144, Dawn 07851043766 or email <a href="mailto:afcmorchardbishop@outlook.com">afcmorchardbishop@outlook.com</a>

I could not finish without saying a BIG thank you to our supporters, not only those who turn out for match days in any weather, but those that always support our fundraising events – we thank you.

Looking ahead to next season, pre-season training starts on Wednesday 2<sup>nd</sup> July at the playing fields 7pm start, old and new players welcome.

The Football Club's AGM is on Friday 25<sup>th</sup> July at 7.30pm Playing Fields Pavilion, if you would like to be a part of our club please come along. All welcome.

Dawn Parkhouse- MBFC secretary



~ Morchard Bishop Football Club Presentation Night at The London Inn~

# Mid Devon Housing Roadshow

Mid Devon Housing will be hosting a drop in 'Rural Roadshow' for our tenants living in the Lapford and surrounding town and village areas on Thursday 17th July, 10.30am - 12.30pm at Lapford Victory Hall.

A chance for those tenants of ours in our more rural areas to pop along, have a cuppa and a chat with members from our Housing Team. Raise any issues, concerns or queries or just to have a natter. There will also be some external organisations present (Police, South West Water, ECOE) and more to potentially be added.

Light refreshments will be provided.

No booking needed but registering your interest helps us to plan refreshments, but welcome to just drop in.

For further information please contact the Tenant Involvement team either by telephone: 01884 255 255 or email: <a href="mailto:tenantinvolvement@middevon.gov.uk">tenantinvolvement@middevon.gov.uk</a>

(See poster page 7)

# Merchard Bishop Memorial Hall

WEDNESDAY 2<sup>ml</sup> JULY 3pm - 4.30pm



We have a wide selection of books for adults and children.

No charge for books.

Tea\Coffee and Biscuits £1
Tea\Coffee and Cream Tea £2.50

Come and join us just for a chat!!



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# Countryfile

# "Ladybird, ladybird fly away home, your house is on fire and your children are gone, all except one, her name is Ann, and she hid under a frying pan."

-traditional circa 16th century

Nearly 50 years ago there was a summer drought where reservoirs ran dry and lawns turned dusty yellow. There was also an unexpected side effect that the ladybird population initially boomed, potentially supported by the introduction of fungal resistant Maris Huntsman wheat, which was rather less resistant to aphids - the ladybirds favourite food.

The over successful ladybird population then started starving as the sap sucking aphids starved, as plants dried up in the endless sun.



The well fed ladybird can fly up to 75 miles at an altitude of 1,000m above sea level, but a hungry ladybird will roam, looking for more food but is unable to escape a hot island so looks elsewhere. Some also think the ladybirds were at the coast as they arrived from elsewhere. Across the UK but especially at the coast, they swarmed on yellow cars and anything vaguely resembling plants which might hold aphids. They attempted to drink sweat from hot holiday makers and were attracted to ice cream.

Since then we haven't seen a ladybird boom, which previously were expected to have population explosions, even if not usually quite that large, every 15 or so years. The most recent potential ladybird year was 1990 but a parasite destroyed many ladybirds in transition from larvae to adult.

The larvae are like tiny colourful lizards and eat even more aphids than the familiar adults. Spraying toxins on aphids has likely impacted the ladybird numbers for some years but hopefully with better understanding of the need for balance this is decreasing and support for ladybirds will help them stabilise.

Another area in which they are believed to be stabilising is in the species balance. Until 2004 we had 45 species of ladybird in this country. Many from different genus with different appearances, from cream, and yellow, through the familiar red to black with varying numbers and patterns of spots. In 2004 Harlequin ladybirds arrived and started to outcompete some natives in some environments (many native species were not impacted so much and some areas were still strongholds). As well as outcompeting if they run short on other food sources they will eat ladybird larvae: natives, and their own larvae. There was concern for the two spot Adalia bipunctata, who was most impacted, by harlequin predation, but reports from 2017 suggested that even they were eventually starting to reset the balance and survive alongside them with different species dominating different environments.

Even though they are classed as invasive non-natives, and so have legal restrictions on them, it is not advised to take action against harlequin ladybirds. Given how hard it is to identify some of our more unusual natives, even knowledgeable people cannot definitively identify a native from the varied forms of a harlequin, therefore it's more likely that action will have minimal impact on the harlequins (who are approximately 40% of our ladybirds), and more likely that harm will come to the less numerous and so more vulnerable other 45 native species. Supporting all ladybirds is a better approach: creating sufficient habitat and food sources, especially areas like nettles where harlequins are less dominant; not using toxic insecticides which harm the balance and kill numerous native species; learning what ladybird larvae look like so you don't accidentally harm them; and accepting that a few aphids is part of having nature in a garden and in a healthy environment they will soon attract predators such as the fierce little ladybird larvae.

Jo Coffey

# **News from your Parish Council**

The Parish Council met in the Memorial Hall on Monday 2<sup>nd</sup> June 2025.

The Parish Council spent £872.18 from the main account, £1,496.29 from its Reserve account and nothing from the Footpaths account. The items of expenditure over £100 were £1,516.80 for a new website and e-mail system, £267.00 for grass cutting for the quarter and £226.29 for pot-hole repair sundries including bitumen.

The Parish Council considered five planning applications:

25/00634/FULL	Installation of a slurry lagoon	Land at NGR 277999 109904
SUPPORTED		Bishopsleigh Farm, Black Dog
25/00606/PNCOU	Prior notification for the change of use of land to a temporary campsite under Class BC for a period	Beech Hill House, Morchard Bishop
INFORMATION ONLY	of 60 non-consecutive days from 10/05/2025 – 31/10/2025 with associated toilets	J.S.T.O.P
25 /20 445 /1101155	5 11 66 1 1 1 1 1	
25/00415/HOUSE Revised Drawings	Erection of front porch; rear single storey extension and terrace; new garage and formation	6 Corner Close, Morchard Bishop
SUPPORTED	of new vehicular access	
24/01485/LBC	Listed Building Consent for erection of covered walkway to include re-rendering of wall with	The Old Dairy, 2 Chapel Street, Morchard Bishop
APPEAL FOR INFORMATION	lime-based render and installation of suspended floor	
25/00369/LBC SUPPORTED	Listed Building Consent to re-thatch roof with water reed	Whites Farmhouse, Morchard Bishop

The new website for the Parish Council is progressing well and should be live soon.

The Parish Council agreed to run a food stall and an event at the Playing Fields Vintage Rally and Fun Day.

Green Enterprise Grants are available to help businesses go green – if you are interested in finding out more – do contact me. The Parish Council understand that Open Reach are preparing to bring ultrafast broadband to the village.

The Parish Council sent their congratulations to Morchard Bishop Football Club. Undefeated in the 2024/25 season in the Devon and Exeter Football League and becoming Division 4 champions, winning all 22 games and scoring 105 goals to boot (pun intended). A real team and club effort – Many Congratulations to all involved.

If you want to read the full minutes of Parish Council meetings, they are available on the Parish Council noticeboard on the London Inn Skittle Alley. They can also be read on the Parish Council Website: <a href="https://www.morchardbishop-pc.org.uk/">https://www.morchardbishop-pc.org.uk/</a>

If you have any views or issues regarding life in Morchard Bishop, please do let me know.

David Parker Parish Clerk

Contact Details for the Parish Council:

David Parker: 01363 877008 / 07794 362591 email: clerk@morchardbishop-pc.org.uk

# ~ Deldrie's Dinet ~

# Take one ingredient.....a pack of sausages.

Sausages are both versatile and easily accessible. They can vary massively in quality but, generally speaking, the more expensive ones are made with a higher meat content, fewer unnecessary additives and the animal welfare standard is higher.

Ideally, pork sausages are made from local, outdoor-reared pigs...not brought up on an industrial scale inside concrete pens. There are two local suppliers of excellent pork sausages who have stalls at our monthly market: Sally's Bugford Bounty sausages and Jubilee Park Farm sausages which are sold in the village shop too. Eggesford Farm Shop sell delicious beef sausages from a local supplier too. Richmond's meat-free sausages are unexpectedly good.

Sausages can be served with mashed potato and onion gravy, or a three-root mash of potato, carrot and parsnip/sweet potato. Sausage, egg and chips with peas and grilled tomatoes are a great comfort meal.

My three favourite quick recipes with sausages [which work with both meat sausages and meat-free ones] are:



#### Sausage and bean casserole

Pre-heat the oven to 170\*. Remove the sausages from their wrapper and place them in an oven-proof dish. Bake the sausages in the oven whilst you make the sauce. Thinly slice an onion [leave the root untouched if possible as this end contains the acid which makes you cry!]. Crush a clove or two of garlic. Slice some red peppers. Open a can of tinned tomatoes and one of butter beans. Heat some olive oil in a pan. Gently fry off the onions, garlic and red pepper until softened. Add the tin of tomatoes to the pan. Drain the gloopy mixture from the tin of beans and rinse them off under the tap, in a sieve. Add the beans to the

pan and season with salt, pepper and smoked paprika. This will give a delicious barbecue-style flavour. Once the sausages are cooked, add them whole to the pan or cut them into bite-size pieces first. Stir everything thoroughly.



#### Sausage 'meatballs' in a home-made tomato sauce

Pre-heat the oven to 170\*. Remove the wrapping from the pack of sausages. You can either cut the sausages up into bite-sized chunks or you can squeeze the sausage meat out of the skins and divide/shape the meat into balls. First method is quicker and less messy! Place the meat balls/chunks in an oven-proof dish and bake for 15 mins.

Finely chop an onion, crush and peel a clove of garlic or two. Roughly chop a pack of fresh tomatoes eg cherry. Open a tin of tomatoes.

Heat some olive oil in a pan. Gently fry off the onions and then add the garlic. The garlic will taste bitter if it gets over-cooked. Add the fresh tomatoes to the pan and cook them until softened. Add the tinned tomatoes. Half fill the tin with water, swirl it round to get all the last of the juices and then empty this into the pan. Bring the mixture to the boil, then lower the heat to cook it all through. Season with salt, pepper and add fresh or dried basil too.

This sauce is great with pasta so bring a pan of water to the boil. Once boiling, add pasta of your choice. Twists, Bow ties and tubes go well with tomato-based sauces, but any will be fine.

Once the sausage pieces are cooked, add them to the pan of sauce. Try not to tip the fat in with them! Mix them into the tomato sauce and keep them warm until the pasta is cooked. Drain the pasta and serve with the sauce. Grate Parmesan cheese on top.



#### **Sausage Plait**

Unwrap a pack of ready rolled puff or shortcrust pastry. Keep the grease proof paper under the pastry sheet.

Finely chop half an onion. The smaller, the better. Remove the sausages from their packaging. You can keep them as they are or remove the sausage meat from the skins. [or buy a packet of sausage meat to begin with!]

If you are keeping the sausages intact, then sprinkle some of the onion onto the centre line of the pastry sheet. Place your sausages on top of the onion in pairs. Repeat the pairs of sausages from the top of the pastry right down to the bottom but keep the sides of the pastry sheet clear. If using sausage meat, add the chopped onions and place it all in a block down the middle of the pastry sheet. Cut diagonal lines from the sausages/meat to the edge of the pastry sheet. See photo. Bring alternate strands of pastry across the meat, overlapping them to create a plaited look. Brush with beaten egg. Slide the whole thing, paper and all, onto a baking sheet. Bake in the oven for 40 mins. Pastry should be golden brown, and meat cooked. Slice to serve with new potatoes and salad.

# News from your local Citizens Advice



# **Volunteering as a Career Move**

Whether you are looking for your first job or you are a pensioner seeking to top up your income, finding a job can be really challenging. Undertaking unpaid work can be a good way to plug gaps in your CV and get a taste for different types of jobs.

These roles usually come in the form of volunteering, work experience, or internships. If you are in receipt of welfare benefits you will need to check to see if your benefits will be affected if you take on unpaid work. How volunteering affects your benefits - overview - Citizens Advice (https://www.citizensadvice.org.uk/benefits/benefits-introduction/how-volunteering affects-your-benefits) Rules around unpaid internships are complicated, so get advice on being paid less than the minimum wage before applying. Volunteer roles are usually well defined, exposing you to specific types of work whether you are looking for office experience or something more practical like supporting people in your local community.

Volunteering is also a great way to build confidence in a work environment, provide structure to your day or week and learn new skills which may be transferable to paid work. It also gives you the opportunity to brush up existing skills, like typing and general computer skills. Citizens Advice Torridge, North, Mid & West Devon always welcomes volunteers who all get comprehensive training and ongoing support.

Not all volunteers want to be advice giving; some will fill in forms which, to the uninitiated, can seem very daunting at first sight. Some volunteers take on administrative roles and the beauty of volunteering with CA TNMWD, is that there are opportunities to apply for paid positions within the charity so if you are ultimately looking for paid work, volunteering with us can be a useful stepping stone.

Even if you don't end up working in a paid position with us, when applying for jobs elsewhere, as a volunteer you are demonstrating a commitment to utilising your time effectively, a willingness to undergo training and perhaps develop new skills and whether this is going to be your first paid job or you have retired and been out of the working environment for some time, as a volunteer, you will have been used to being in a work environment so should adapt easily.

So aside from the knowledge that you are making a valuable contribution to the wellbeing of your local community, there are other benefits too! If you would be interested in volunteering with us, take a look at our website https://www.citizensadvicetnmwd.org.uk and contact recruitment@citizensadvicetnmwd.org.uk for more information.

Rosanna Teale

**Devon County Council** 

# More accessible information for Unpaid Carers

There are tens of thousands of unpaid carers in Devon and we're launching a new online tool called 'Bridgit' which will help them find the information and services that they need more easily.

To be launched across Devon within the month 'Bridgit' will help unpaid carers find health support, guidance, services and self-help resources at the click of a button.

Approximately nine per cent of people in Devon are unpaid carers; that's at least 75,000 people who care for a loved one or a friend.

While most carers are adults there are also thousands of under 18s who support family members.

And just under half of these unpaid carers spend at least 20 hours per week carrying out their responsibilities, and that's often alongside working, their role within their family and even going to school or college.

This means that the time that they have to find out the information on how to best support their loved one is limited – and that's where 'Brigit' comes in.

Bridgit follows £332,000 of funding from the Department of Health and Social Care's Accelerating Reform Fund (ARF) and will help carers find health advice, local events and services tailored to their specific needs.

It will also be able to provide health support to enable carers to better understand the conditions and medications of the person that they care for.

Councillor Richard Keeling the Cabinet Member for Adult Services, said:

"Many won't even think of themselves as being carers, because the person they are looking after is a relative; but caring can bring a whole host of responsibilities and stresses. "Given that many have other responsibilities such as caring

for their children or they are also working, it can mean that they have limited time to spend on researching what help and support is available, to organise suitable activities or to find health advice, and this can have a real impact on a carer's health and wellbeing.

"Bridgit has been developed with input from other carers and brings this all together in one place to help with everything from accessing benefits, your rights as a carer and to tips on looking after yourself and putting you in touch with other carers to help support you."

**Libraries Unlimited** 

# £1.5 million for Devon Communities to act on Climate Issues

# Libraries and grassroots groups join forces for region-wide programme backed by the National Lottery

Communities across Devon are set to benefit from a major new climate action initiative thanks to £1.5 million in National Lottery funding.

The five-year project – *Together for Tomorrow* – will be led by Libraries Unlimited, the charity commissioned to run the libraries in Devon and Torbay, in partnership with CAG Devon, a vibrant network of grassroots sustainability groups supported by environmental consultancy Resource Futures, and will involve a wide range of local partners across the region.

Harnessing the power of libraries as trusted, accessible spaces, *Together for Tomorrow* will support people across the region to take practical, meaningful climate action right on their doorstep.

Running over a five-year period, the programme will support the

transformation of these spaces into hubs where local people can take sustainability-focused action: from establishing repair cafés and community fridges to growing schemes, sewing groups and workshops on low-waste living.

The programme will connect new and existing groups, offer training and resources, and help communities turn ideas into impact

with the ambition of reducing waste, promoting sustainable living and introducing new audiences to climate action.

The project's vision – 'more people, doing more things, more of the time' – is focused on inclusion, resilience and community connection. *Together for Tomorrow* brings together a diverse collaboration of community groups and organisations, each rooted in their local area and playing an active role in shaping and delivering climate action.

These include several community groups (Action for Climate Teignbridge (ACT), Blackdown Hills EcoHub, Proper Job, Earth Action North Devon, Sustainable Tiverton, Sustainable South Hams, Transition Exmouth, and Uffculme Green Team), which will contribute skill sharing, networking, toolkit development and peer mentoring.

The programme will also involve numerous outreach organisations (Active Devon, Honeyscribe, and Ride-on Cycling), while additional fundraising and engagement support for the programme will be provided by Devon Community Foundation and Devon Communities Together.

Funded through the National Lottery Climate Action Fund, the programme supports the goals of the Devon Carbon Plan, which sets out a roadmap to reach net zero emissions by 2050.

"Devon faces a range of climate-related challenges—from coastal erosion and flooding to declining biodiversity, poorly insulated homes, and limited public transport, which forces people to rely on cars," said Alex Kittow, Chief Executive of Libraries Unlimited. "Tackling these issues requires local, adaptable solutions shaped by the people they affect.

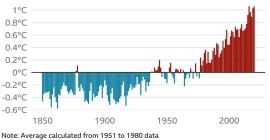
"Libraries are at the heart of our communities, so it makes perfect sense for them to be a catalyst for change. *Together for Tomorrow* will bring people together through collaboration, creativity and shared learning – creating a model of community-led climate action that others across the UK can follow. Real change starts where people are – and for many, that's their local library."



"We're thrilled to be co-leading this ambitious initiative that empowers communities to take meaningful, everyday climate action," said Charlie Eddisford, Communities Lead at Resource Futures. "CAG Devon has shown just how much creativity and commitment exists locally. To build on that, and to help new ideas get started, groups need time, space, and opportunities to connect. *Together for Tomorrow* will help create the conditions to make that happen."

#### The world is getting warmer

Annual mean land and ocean temperature above or below average, 1850 to 2020



Source: University of California Berkeley

### Poem of the Month

#### Solomon

"I have compared thee, oh my love To a company of horses in Pharoah's chariots..."

When I see the pool, an ancient stageset of liquid sound, droplets and birdsong calling the hermit to prayer;

when I see this, the white blooms over Gaza, the bulk of heavy silence after the dust, I also see the wide plains of wild flowers and the beehives

sheltering from open skies under the eucalyptus trees, the old accommodations of olive orchards with their canopies of fruitfulness and record.

And then, the red blush of anemones over the hills haemorrhages out through the near valleys and dried floored wadis

"behold, thou art fair, thou hast doves' eyes within thy locks, thy hair is as a flock of goats..."

**Colin Crewdson** 

# Sandford Summer Show – 10 August 2025, Parish Hall at 2pm

Sandford Summer Show 2025 planning is hotting up - must be all that sunny weather!

We need lots of produce entries from both novice growers and seasoned professionals. Whether it's fruit, flowers, tomatoes, beetroot, onions, herbs, the longest runner bean or the freakiest vegetable, there is something for everyone. Get your copy of the entry form to see the many categories you can choose to enter.

Crafters, artists, photographers and cooks can join the competitions with their best efforts. Age is no bar – there are categories for everyone!

We could do with some help too - setting up on Saturday 9 August, clearing up on Sunday afternoon 10 August, helping in the kitchen during the show, baking some small cakes (the prettier looking the better) or maybe a tray bake for the café. Please message on the email below if you could offer help.

Competition entry forms available at Sandford Community Stores or via email <a href="mailto:sandfordsummershow@gmail.com">sandfordsummershow@gmail.com</a> Growers – may the weather be with you!

# **Gardening tips for July**



Check clematis for signs of clematis wilt

Care for houseplants while on holiday

Water tubs and new plants if dry, but be water-wise

Deadhead bedding plants and repeat-flowering perennials, to ensure continuous flowering

Pick courgettes before they become marrows

Treat apple scab

Clear algae, blanket weeds and debris from ponds, and keep them topped up

Order catalogues for next year's spring-flowering bulbs

Give the lawn a quick-acting summer feed, especially if not given a spring feed

Harvest apricots, peaches and nectarines

Jo Coffey



Sunday 10 August 2025, Parish Hall at 2pm

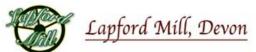
Entry £1.00 (cash only) Children under 16 free

Whatever your age, join in the competition and show off your gardening, cooking and artistic talents – entry details below.

Bring all the family and friends and enjoy the exhibits, plant stall, grand draw and lots of lovely refreshments!

Competition entry forms available at Sandford Stores or via email sandfordsummershow@gmail.com

Return entry forms to Sandford Stores by midday Thursday 7 August



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# **Morchard Bishop Bowling Club**

# Home fixtures for July

All welcome to come and watch.

Tues 1 <sup>st</sup>	v. Crediton	2:00pm
Wed 2 <sup>nd</sup>	v. Feniton	2:30pm
Thurs 3 <sup>rd</sup>	v. Chagford	6:30pm
Fri 4 <sup>th</sup>	v. Barnstaple	2:00pm
Wed 9 <sup>th</sup>	v. Madiera	2:30pm
Fri 11 <sup>th</sup>	v. Holsworthy	6:30pm
Wed 16 <sup>th</sup>	v. Madiera	2:30pm
Mon 21st	v. North Tawton	2:00pm
Fri 25 <sup>th</sup>	v. Byeways	2:00pm
	v. Bideford.	6:30pm
Wed 30 <sup>th</sup>	v. Belmont	2:30pm
	v. Tiverton	2:30pm
Thurs 31st	v. Topsham	6:30pm



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\*Tuesday nights: 19:00 - 20:00 hrs - yoga flow

\*1st Monday of every month, 18:00 - 19:00 - deep relaxation soundbath

\*3rd Thursday of every month, 18:00 - 19:30 - candlelit yin yoga session, flowing into a deep relaxation soundbath

\*3rd Saturday of every month, 10:00 – 11:00 – up-lifting yet relaxing soundbath

Please visit our website for details of special events we have coming up, or get in touch to be added to our WhatsApp group for notifications:

Phone & WhatsApp: 07534 317742 - Email:

Liane@thebuddhabarnltd.co.uk

Website: www.buddhabarnltd.co.uk



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#### Sustainable Morchard

# **Sustainable Cities 3**

Early settlements, providing they didn't become too large, were, in all probability, sustainable. They will have had a minimal impact on their immediate environment, would have provided a means of survival and would have been small enough for the inhabitants to have some say in decision-making - all the requirements of sustainable living to which modern settlements aspire.

There are plenty of historical examples of sustainable settlements, but perhaps the first attempts that have had a bearing on modern settlements were initiated in the Victorian era. With industrialisation and mass migration to the cities, Victorian settlements soon became places of overcrowding, slums and waste disposal issues. Some enlightened factory owners realised that their workforces would be healthier and more productive if their living conditions were improved. Owners such as the Lever Brothers and Titus Salt built model villages for their workers. The houses were an upgrade on the two-up, two-down, back-to-back terrace houses built by property developers. These model villages included allotments and parks, cottage hospitals and schools, churches and libraries, wash houses and swimming pools. These villages survive today and Port Sunlight in Merseyside and Saltaire near Bradford remain desirable places to live.



# **JULY 2025 EVENTS**

17<sup>th</sup> July A Complete Unknown 7.30 pm BAR Stella performances from Timothée Chalamet, Elle Fanning, Monica Barbaro and Edward Norton In this brilliant film about Bob Dylan's early days in New York City. £5

**18**<sup>th</sup> **July A Year and a Day** 7.30 pm BAR Chris Sainton-Clark's poignant and darkly comic solo show is sure to keep you on the edge of your seat throughout this twisting, turning journey. £13/£11

19<sup>th</sup> July Let It Bring Hope 7.30 pm BAR Internationally renowned storyteller David Heathfield returns with another magical evening of stories from Gaza, accompanied with music by Min Wild All proceeds to Gaza family fundraising

**20**<sup>th</sup> **July Share in the Square** Check website for times The popular music event returns with summer sunshine performances from Whittall & Cookson, David Treadaway, Etchechuria, Seraph and Pauper's Fortune.

**31**st July The Royal Tenenbaums 7.00 BAR Wes Anderson's tragi-comic masterpiece from 2001 £5 to include themed pudding

Tickets through the Arts Centre ring or <a href="https://www.ticket.source.co.uk/creditonartscentre">www.ticket.source.co.uk/creditonartscentre</a>

Possibly inspired by these two villages and Edward Bellamy's novel "Looking Backwards" (1888), Ebenezer Howard developed the concept of Garden Cities. In his treatise "Garden Cities of Tomorrow" (1902) he outlined that well-planned towns and cities should be able to combine the best attributes of living in urban areas (employment, high wages, shops, hospitals, entertainment) with the best attributes of living in rural areas (nature, clean air, neighbourliness). He illustrated this idea with his three magnets diagram. Ideally, he envisaged a central city of 58,000 people with six satellite settlements each housing 32,000. Different activities and land uses would be located in clearly defined areas, with each area accommodating 250,000.

The first Garden City was Letchworth (1904), 34 miles north of London. Whilst it met some of Howard's criteria, it failed on the affordable housing criterion - not just a modern phenomenon. As a result Howard had another go with Welwyn Garden City (1919). Being just 20 miles north of London it failed to be self-sufficient with many inhabitants commuting to London for employment.

Howard's concept for sustainable settlements was picked up again after the Second World War in 1946 with the passing of the New Towns Act. The main driving factor for developing New Towns was to limit the growth of London, which politicians and planners thought was getting too large to be effective. Additionally, it was thought that London presented a large and easy target for enemy forces.

These New Towns were built around pre-existing settlements, often no more than villages. They are planned to segregate incompatible land uses, while juxtaposing complementary ones. Milton Keynes, whilst a popular target for comics has proved remarkably successful in providing sustainable living, minimising environmental impact and of being self-sufficient in an age dominated by the motor car.

**Paul Ticehurst** 



# MORCHARD BISHOP PRE-SCHOOL

Set in the heart of the village, this early years setting offers a fun-filled approach to pre-school education for children aged 2-4 years.

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### Folk Tales Corner

# **Don't Try This At Home**

What passes for history is often little more than an anecdote that got lucky. Its third bit of good fortune (don't worry we will go back for the others) is that its fragile physical form, be it scroll, tablet, book or scrap of vellum, has survived the intervening turning of tumultuous time without getting lost, crushed, drowned, worn out, re-cycled, burned, discredited or eaten.

For it to even begin this knuckle whitening shelf ride through the fourth dimension, it has to come to the attention of someone with too much time on their hands, the luxury of having learned to write and the persisting inclination to do so. This confluence of skill and situation rarely got handed to people who were directly involved in the events of note. So the first piece of luck required for any



incident to become history, was that it not only outlive the happening of itself but also any subsequent... excitement, in the memory of a person with sufficient observational and linguistic skills, that a reasonable description could be conveyed, possibly via a series of such minds and mouths, to the ears, brain and scribal arm of the aforementioned author.

Coming down through nine hundred years from 1125, The Deeds Of The English Kings (often known as the Gesta regum, as the original was in Latin) by William of Malmesbury is a perfect example: spanning approximately six hundred years from the coming of the Angles to the occupation of the Normans it involves reports taken from earlier historical codices, all carefully checked and credited. Amongst these, one story stands out for which no previous written source is cited or has been found, which suggests William received it verbally. Luck was definitely on this story's side as it features a monk by the name of Elmer who resided at the very same Malmesbury Abbey that William chose for his scholarly home. Although William was not born until after Elmer had died, they were close enough together in time that monks who had known Elmer as young men, could have informed our esteemed penman in their old age.

Had either monk chosen a different residence; had even a handful more years separated their lives; had The Deeds Of The English Kings been lost to us as some of William's other works have been; had the scribes of the following centuries not chosen to make the rigorous, hand written copies of the Gesta regum that we have today, the original being long gone; had any one of a thousand different and utterly humdrum things not happened, then we might well never have come to hear of pauses for effect>...
Elmer, The Flying Monk of Malmesbury.

Here I shall present the entirety of the relevant passage from the Gesta so you can experience the full glory of this fortunate nugget of antiquity:

"The same year Henry, king of France, a good and active warrior, died by poison. Soon after, a comet, a star denoting, as they say, change in kingdoms, appeared, trailing its extended and fiery train along the sky. Wherefore a certain monk of our monastery, by name Elmer, bowing down with terror at the sight of the brilliant star, wisely exclaimed, "Thou art come! a matter of lamentation to many a mother art thou come; I have seen thee long since; but I now behold thee much more terrible, threatening to hurl destruction on this country." He was a man of good learning for those times, of mature age, and in his early youth had hazarded an attempt of singular temerity. He had by some contrivance fastened wings to his hands and feet, in order that, looking upon the fable as true, he might fly like Dædalus, and collecting the air on the summit of a tower, had flown for more than the distance of a furlong (201 metres); but, agitated by the violence of the wind and the current of air, as well as by the consciousness of his rash attempt, he fell and broke his legs, and was lame ever after."

Despite his injuries, Elmer made plans for a second attempt since "He used to relate as the cause of his failure, his forgetting to provide himself a tail", however his Abbot, in a rare burst of medieval safety consciousness, forbade him from any further avial activities.

And that, my friends, is how a convergence of serendipity makes history.

...here's to living happily ever after, until the next adventure.

The Travelling Talesman www.thetravellingtalesman.co.uk

# **ACE Archaeology Club**

Spring has certainly sprung but by the time you read this it will probably be pouring with rain, or we will have a drought. The upside of droughts for archaeologists is that it can show up buried sites, through parch marks/ roughly speaking, if there are buried walls they show up as drier lines but if there are ditches, they stay greener. The trouble is that you do really need a 'plane to see the full effect, or nowadays, a drone! ACE's finances don't run to either of these things. So, we continue to dig. We very much hope that we can continue our dig at Moistown this year, but actual dates will have to be flexible, if you are interested keep an eye on our website or Facebook page.



We have reinvigorated our routes project with a meeting in May and details of this can also be found on the website. It was a positive meeting, and we were joined by Terry Green from North Devon Archaeology Society who knows a lot about Devon place names and transhumance, the movement of animals to and from pasture, seasonally. We also had cake which always helps. The cake is the representation of a green lane with sheep being driven! We like the idea of cake matching the themes of our ACE days.

Talking of which, ACE days not cake, we have planned the following -August - Moistown dig 2<sup>nd</sup> to 17<sup>th</sup>.

13<sup>th</sup> September - we are hoping to arrange a visit to Uppacott long house on Dartmoor.

11th October - to be decided.

8<sup>th</sup> November – ACE AGM. A planning day with talks.

13<sup>th</sup> December – Looking at and working with some of the finds from Moistown.

ACE dates are always subject to change so do check the website and Facebook page for updates.



**Erica Williamson** 

https://acearchaeologyclub.wordpress.com





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Morchard Bishop & Down St Mary Bellringers

# **Bellringers triumph again!**

On Saturday 14 June, the Bellringing Team from Down St Mary were victorious, winning for the second consecutive year the Devon Association Major Bellringing Final, and retaining the Ross Shield. Also, they were especially pleased to have achieved it in the Centenary Year of the Association.

The venue of St Peter's Zeal Monachorum was selected as this is where the competition was first staged one hundred years ago on Saturday October 3rd 1925.

Competition Results (faults);

- 1. 16 2/3 Down St Mary
- 2. 17 1/2 Bow
- 3. 19 2/3 Shaugh Prior
- 4. 20 1/2 Swimbridge
- 5. 23 2/3 Combeinteignhead
- 6. 29 South Brent
- 7. 39 Eggbuckland
- 8. 45 1/4 Sampford Courtenay
- 9. 75 Kenton
- 10. 93 1/2 Ide
- 11. 106 3/4 East Anstey
- 12. No score, went off course. Broadhempston

The Top Ringing Prize was also retained by Down St Mary.



#### **Bob Robinson**

Tower Captain - Morchard Bishop & Down St Mary



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# Over 60s' Luncheon & Get Together

The next Over 60's Luncheon at the London Inn will be on Wednesday 16<sup>th</sup> July at 12.30pm.

The menu for this lunch will be Honey Roast Gammon with parsley Sauce, Vegetables & Mash Potatoes, followed by Profiteroles with hot Chocolate Sauce, and tea/ coffee.

The cost is £12.00 inclusive.

New members are very welcome to join in. If you would like to join in please fill in the slip below and return it to me by Tuesday 15<sup>th</sup> July or email me at

mandytapp@talk21.com or phone me on 01363 877459 or just pop in to me at Harries.

Regular members please let me know if you are unable to attend, thank you.

Name-	
Tel No:	

**Mandy Tapp** 

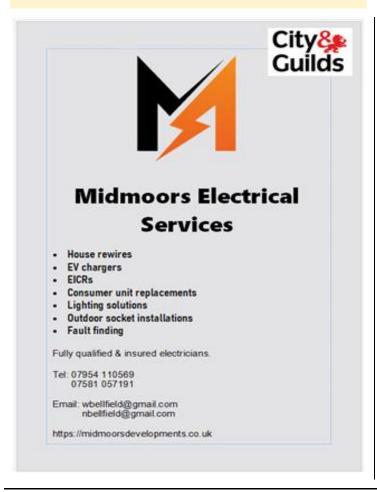
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**Crediton & District Third Age Trust** 



Next meeting: 16 July 2025 10:00 am- 11:00 am

The Use of Aircraft in War and Personal Experiences

Illustrated talk by Air Commodore Andrew Lambert Venue: Boniface Centre

Cost: £1.50



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#### Devon CC

# Recycling your food waste is easier than ever!

If you have a waste caddy, remember you can reuse any bag as a liner.

Food waste collections are in place across most of Devon, and they are easier to use than ever.

And those households with a food waste caddy don't need to buy special compostable bags, they can just reuse any plastic or paper bag they've already got, such as an empty bread bag, salad bag, cereal bag or frozen vegetable bag.

Food waste is still a big problem in Devon; despite most households having a separate food waste collection – a study found that nearly a third of black bin waste is food waste. It also found that 79% of the food waste in Devon's black bins could have been avoided, and 35% was still in its packaging.

You can line your indoor caddy with any of the following: bags that food has come in, e.g. bread bags, salad bags, cereal bags, large crisp bags etc old carrier bags (not 'bags for life' as these can be reused for shopping) thin plastic bags, e.g. fridge and freezer storage bags that are no longer fit for use, plastic bags bought on a roll, e.g. pedal bin liners (although reusing an existing bag is best), compostable bags, newspaper.

All liners/bags are removed at the processing facility before the food waste is treated. They are then sent to an Energy from Waste facility where they are converted into energy. The food waste is processed to produce energy and a liquid fertiliser.

You can put any cooked or uncooked food waste into a caddy, such as: fish, meat and bones = dairy produce - hard fats and lard - tea bags and coffee grounds - fruit and vegetable - peelings - cereals - bread and pastries - rice and pasta - stale and out of date foods (including 'ready meals', please remove packaging) uneaten pet food - plate scrapings and lunchbox leftovers - nut and egg shells.



# Transform Your Home & Garden



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- Local Expertise with a Passion for Perfection
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Transform your home and garden with a professional touch.

Book your free consultation now!

### **MDDC**

# My Mid Devon – the personalised online self-service portal



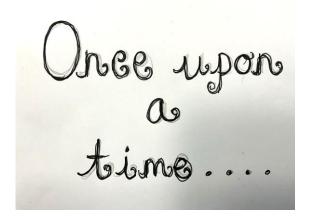
Mid Devon residents can now manage local services relevant to them with the My Mid Devon portal, all from the comfort of their home.

The portal provides residents access to various online facilities, from leaving feedback to reporting issues, finding information about local councillors and much much more! Since its launch in late 2023, more than 5,000 residents have signed up, making it easier than ever to access local services online.

By creating an account on My Mid Devon, residents can enjoy a more personalised experience when managing their requests and services. The portal allows users to easily track the progress of their enquiries and see exactly who is handling their case – with the added benefit of making it simpler and faster for customer services to help you. Councillor Josh Wright, Cabinet Member for Service Delivery and Continuous Improvement, said:

"My Mid Devon is a significant digital project for the Council that lets residents have more control and a better understanding of our services. It offers real-time updates and personalised forms, making it easy for residents to access council services relevant to them." Residents can create their own My Mid Devon account and explore the new features at https://my.middevon.gov.uk/, operating alongside the current Citizen Access portal, which continues to manage council tax accounts and other services. School News





The children at school have been very busy with their preparations for the Morchard Bishop flower Show at St Mary's Church. The theme this year is Fairy Tales and we have chosen Sleeping Beauty, a firm favourite amongst all children. We won't spoil our surprise creation; come and see it in the church next weekend, but needless to say some of the art work we will be showing is looking super!

We are excited to announce our family Fun Day with Colour Run on Sunday 20th July. This is a lovely family occasion full of fun activities and a chance for local families to come and be part of a community day. We look forward to seeing you, everyone is very welcome. See details on poster page 7.

**Hannah Bancroft** 







